

# ABSTRACT

## A Study on Leisure Activity of Workers in Big Corporations

- Focused on the Relationship between Work and Leisure-

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The Leisure Behaviour(activities and attitudes) of blue and white collar Workers in Korean big corporations is investigated in this dissertational thesis. Two topics are discoursed upon; One is "What are the real patterns of leisure activities of the workers in the companies ?" and "What kind of attitudes do they adopt toward their leisure activities ?". The other is "what kind of relationship do the patterns have with personal variables and occupational variables ?". Personal variables are gender, age, level of education, religion, province where they are brought up, and the size of the family they have to support. Occupational variables are kinds of the jobs, average monthly total income, level of satisfaction with their jobs. The explanatory power of the occupational variables are also assessed.

The study led to no significant criteria that would serve to classify the leisure activities of the workers. It indicates that the "stratification of the leisure activities" has not been advanced enough to show distinctive patterns, which gravitates to similar patterns of leisure activities. The analysis of the data reveals first, the degree of contentment from leisure activities is heightened as the number of family members that should be supported is decreased, the level of education higher, the amount of the income smaller and the degree of the

contentedness diminishes. Favorable education of the leisure activities exhibits positive correlation with smaller size of the supported family, higher level of education, male in gender, Protestants and lower level of occupational satisfaction.

In the study of the attitudes, the model incorporating both personal and occupational variables produces more significant results than the one of personal variables only. It is, therefore, ascertained that the leisure behaviour, is closely related not only to personal variables but also to the characteristics of the tasks that the workers should perform.